



2009 10k Results

Medalists at the 34th Annual Rockville 10k

Nov. 1, 2009

MALE AGE GROUP: 50-54

1	556	Maurice Pointer	54 Baltimore	37:20
2	98	Dennis Coleman	51 Gaithersburg	37:54
3	271	Weems Mcfadden	52 Annapolis	38:44

FEMALE AGE GROUP: 50-54

1	554	Lilliana Baron	51 Potomac	44:03
2	301	Amy Subar	53 Potomac	44:20
3	62	Linda Burrell	51 Derwood	50:16

MALE AGE GROUP: 55-59

1	441	Marc Wolfson	59 Olney	43:29
2	326	Cal Pierce	55 Rockville	45:15
3	547	Bill Welch	56 Frederick	47:57

FEMALE AGE GROUP: 55-59

1	93	Ellen Cooper	59 Rockville	52:48
2	124	Behnaz Fardshisheh	56 Potomac	53:14
3	160	Jenny Haddon	55 Rockville	54:30

MALE AGE GROUP: 60-64

1	529	Jim Wright	60 Gaithersburg	39:17
2	231	Robert Lang	60 Kensington	50:26
3	468	Von Jennings	61 Clarksville	53:22

FEMALE AGE GROUP: 60-64

1	463	Alice Franks	61 Rockville	49:14
2	31	Nancy Avitabile	61 Bethesda	49:32
3	146	Elizabeth Glover	64 Bethesda	50:42

MALE AGE GROUP: 65-69

1	368	Lou Shapiro	68 Silver Spring	44:32
2	57	Walter Brown	69 Montgomery Village	50:37
3	164	Henry Hamburger	69 Bethesda	53:17

FEMALE AGE GROUP: 65-69

1	548	Dee Nelson	66 Gaithersburg	50:56*
2	465	Felicity Hawes	66 Gaithersburg	56:46
3	378	Betty Smith	68 Rockville	1:01:31

MALE AGE GROUP: 70-74

1	292	Patrick Murphy	72 Phoenix	56:21
2	212	Kenneth Kelley	71 Barnesville	59:12
3	424	Stanley Way	71 Rockville	1:05.52

MALE AGE GROUP: 75-79

1	274	Jack McMahon	78 Rockville	55:56
2	1006	Robert Smith	75 Comus	1:32:57

FEMALE AGE GROUP: 75-79

1	12	Yvonne Aasen	78 Severna Park	1:17:00*
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* - Indicates new Maryland Senior Olympics record.