2009 5k Results

Medalists at the Kentlands/Lakelands 5k

Sept. 5, 2009

MALE AGE GROUP: 50-54

1	425	Jim Hage	51 Kensington	17:33
2	1350	Dan Lawson	53 Gaithersburg	17:40
3	1342	Peter Darmody	54 Gaithersburg	18:19

FEMALE AGE GROUP: 50-54

1	879	Alison Suckling	54 Arnold	21:21
2	346	Myra Washington	52 Montgomery Village	22:46
3	57	Iris Madison	52 Gaithersburg	25:51

MALE AGE GROUP: 55-59

1	539	Richard Adams Jr.	58 Herndon, Va.	18:49
2	827	Timothy Morgan	58 Damascus	18:49
3	331	Roland Rust	57 Bethesda	19:42

FEMALE AGE GROUP: 55-59

1	644	Lennie Magida	58 Potomac	24:41
2	1269	Linda Ridenour	56 Bethesda	26:00
3	1407	Allison Wakenight	58 Rockville	27:18

MALE AGE GROUP: 60-64

1	560	David Adams	62 Gaithersburg	21:11
2	1155	Jon Palks	60 Bowie	24:02
3	533	Chris Zerby	60 Gaithersburg	24:25

FEMALE AGE GROUP: 60-64

1	790	Alice Franks	61 Rockville	23:56
2	559	Susan Pappas	60 Bethesda	25:09
3	1139	Elizabeth Sadoff	60 Washington, D.C.	26:29

MALE AGE GROUP: 65-69

1	1044	Lou Shapiro	67 Silver Spring	21:13
2	222	Bill Ducas	69 Gaithersburg	26:25
3	578	James Main	65 Derwood	26:29

FEMALE AGE GROUP: 65-69

1	374	Joan Chiariello	67 Rockville	36:13
2	1100	Susan Truman	66 Montgomery Village	37:11
3	1229	Jeanette Novak	65 Damascus	38:01

MALE AGE GROUP: 70-74

1	1096	Tom Cowley	72 Gaithersburg	28:07
2	879	Roger Burkhart	71 Gaithersburg	34:14
3	916	Stanley Way	71 Rockville	35:01

FEMALE AGE GROUP: 70-74

1	624	Jeannie Pizzonia	74 Montgomery Village	31:24
2	32	Lilli Metzger	73 Silver Spring	35:00
3	38	Evelyn Pizzonia	73 Montgomery Village	40:17

MALE AGE GROUP: 75-79

1	631	Robert Smith	75 Comus	44:09

FEMALE AGE GROUP: 75-79

1	919	Yvonne Aasen	78 Severna Park	36:54
2	876	Anne Elsbree	75 Gaithersburg	48:40

MALE AGE GROUP: 80-84

1	561	Nianxiang Xie	82 Rockville	30:22
2	36	George S Brown	84 Towson	38:55

FEMALE AGE GROUP: 80-84

1	11	#Dorothy K Stewart	80 Gaithersburg	57:58*

MALE AGE GROUP: 85-99

1	1402	#Charles Boyle	85 Annapolis	38:39*

* — Indicates under USATF age-group guideline.
* — Indicates new Maryland Senior Olympics record.