



All-Time Records

*Individual records for each event and age group of the Maryland Senior Olympics.
These records are for the summer games only and do not include records set in
the process of the 2008 MSO:*

AQUATICS

50-YARD BACKSTROKE - MEN

50-54 John Enterline	29.85	2000
55-59 David McIntyre	29.36	1989
60-64 Carl Christensen	32.41	1997
65-69 William Melville	34.75	1986
70-74 Donald Rice	38.77	2003
75-79 Norris Fluke	41.55	1993
80-84 William Boykin	46.40	1998
85-89 Raymond Edelhoff	54.06	1998
90-94 Raymond Edelhoff	1:01.84	2003

50-YARD BACKSTROKE - WOMEN

50-54 Marti Betz	34.19	1999
55-59 Martha Betz	36.52	2004
60-64 Nancy Brown	39.05	1997
65-69 Miriam Keyser	42.17	2000
70-74 Nancy Brown	41:58	2096
75-79 Caroline Coleman	49:53	2005
80-84 Sarah Lee Poore	1:05.90	1991
85-89 Louise Walker	1:09.34	1999
90-94 Virginia Schlette	2:02:48	2005

50-YARD BREASTSTROKE - MEN

50-54 John Enterline	31:77	1999
55-59 Frank Duncan	35.60	2000
60-64 Frank Duncan	36.60	2004
65-69 Lou McComas	38.06	1998
70-74 Lou McComas	39.51	2002
75-79 Kenneth Flynn	40:86	2006
80-84 Alexander Eremchuk	52:89	2006

85-89 Raymond Edelhoff	1:03.17	1998
90-94 Raymond Edelhoff	1:12.91	2003

50-YARD BREASTSTROKE - WOMEN

50-54 Patricia Sprankle	43.26	2000
55-59 Patricia Sprankle	44.31	2006
60-64 Christine Jorgensen	45.14	2005
65-69 Sarah Allnut	45.92	1989
70-74 Clara Bomhardt	50.69	1993
75-79 Mimi Lee	55.76	1995
80-84 Elsa Mattila	1:03.62	1990
85-89 Louise Walker	1:25.07	1999

50-YARD BUTTERFLY - MEN

50-54 John Enterline	28.31	1998
55-59 David McIntyre	28.34	1990
60-64 Carl Christensen	31.65	1997
65-69 Yu-Jin Lee	34.05	2002
70-74 Donald Rice	37.46	2003
75-79 Norris Fluke	42.76	1994
80-84 Don Leatherman	56.59	1992

50-YARD BUTTERFLY - WOMEN

50-54 Nancy Sterling	32:55	2005
55-59 Martha Betz	34.25	2004
60-64 Nancy Brown	37.00	1996
65-69 Betty Brey	41.79	1997
70-74 Doris Russell	46.17	1991
75-79 Doris Russell	50.16	1995
80-84 Doris Russell	56.77	2000
80-85 Doris Russell	1:08:34	2006

50-YARD FREESTYLE - MEN

50-54 John Enterline	25.22	1999
55-59 John Enterline	25.60	2002
60-64 Carl Christensen	27.58	1997
65-69 Carl Christensen	29.73	2002
70-74 Clark Brill	31.30	1993
75-79 Clark Brill	32.83	1998
80-84 William Boykin	36.14	1996
85-89 Roland VanLill	40.83	1991
90-94 Raymond Edelhoff	59.81	2003

50-YARD FREESTYLE - WOMEN

50-54 Nancy Sterling	29:21	2005
55-59 Judy Lim-Sharpe	29:61	2006
60-64 Nancy Brown	32.05	1996
65-69 Betty Brey	34.64	1997
70-74 Doris Russell	41.51	1994
75-79 Doris Russell	41.19	1996
80-84 Doris Russell	49.92	2000

85-89 Doris Russell	53:79	2005
90-94 Virginia Schlette	1:41.46	2003

100-YARD BACKSTROKE - MEN

50-54 Thomas Matysek	1:13.03	2005
55-59 David McIntyre	1:06.16	1989
60-64 Sheldon Monsein	1:15.24	1994
65-69 William Melville	1:19.74	1986
70-74 Lou McComas	1:25.63	2002
75-79 Norris Fluke	1:26.30	1992
80-84 Thomas Lechner	1:49.47	2005
85-89 Walter Sompayrac	2:05.40	1999
90-94 Raymond Edelhoff	2:31.89	2003

100-YARD BACKSTROKE - WOMEN

50-54 Kathryn Gregory	1:29.68	1997
55-59 Nancy Brown	1:22.97	1994
60-64 Nancy Brown	1:25.69	1997
65-69 Jill Coleman	1:39.76	1998
70-74 Caroline Coleman	1:42.38	2002
75-79 Caroline Coleman	1:47.34	2006
80-84 Louise Walker	2:41.89	1998
85-89 Louise Walker	2:46.06	2000

100-YARD BREASTSTROKE - MEN

50-54 Thomas Matysek	1:12.86	2005
55-59 John Enterline	1:17.27	2002
60-64 Robert Johnston	1:19.19	1998
65-69 Lou McComas	1:26.76	1998
70-74 Lou McComas	1:30.69	2003
75-79 Kenneth Flynn	1:38.39	2006
80-84 Esko Hallila	2:05.54	2000
85-89 Mauritz Anderson	2:34.01	2004
90-94 Raymond Edelhoff	3:23.71	2004

100-YARD BREASTSTROKE - WOMEN

50-54 Lou Coronas	1:39.83	2006
55-59 Nancy Brown	1:38.10	1995
60-64 Sarah Allnut	1:39.66	1985
65-69 Jill Coleman	1:50.95	1997
70-74 Clara Bomhardt	2:05.70	1994
75-79 Mimi Lee	2:12.45	1995
80-84 Elsa Mattila	2:22.41	1990
85-89 Louise Walker	3:09.52	2000

100-YARD BUTTERFLY - MEN

50-54 Alex Yonych	1:06.19	2004
55-59 Rand Vaillancourt	1:15.86	2004
60-64 Ted Murray	1:29.09	2000
65-69 Donald Rice	1:24.49	1998
70-74 Yu-jin Lee	1:37.27	2004

75-79 George Huson	2:10.83	2004
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100-YARD BUTTERFLY - WOMEN

50-54 Barbara Protzman	1:19.03	2005
55-59 Ann Lallande	1:27.05	2004
60-64 Nancy Brown	1:32.52	1998
65-69 Nancy Brown	1:38.98	2003
70-74 Caroline Coleman	1:54.26	2002
75-79 Caroline Coleman	3:37.74	2006
80-84 Doris Russell	2:29.36	2002

100-YARD FREESTYLE - MEN

50-54 Alex Yonych	57.57	2004
55-59 David McIntyre	58.00	1991
60-64 Carl Christensen	1:02.83	1997
65-69 Carl Christensen	1:08.34	2002
70-74 Phillip Kerr	1:11.75	2005
75-79 Norris Fluke	1:14.73	1992
80-84 William Boykin	1:30.40	1996
85-89 Walter Sompayrac	1:47.13	1998
90-94 Raymond Edelhoff	2:41.38	2004

100-YARD FREESTYLE - WOMEN

50-54 Nancy Sterling	1:05.40	2005
55-59 Judy Lin-Sharpe	1:08.44	2006
60-64 Nancy Brown	1:13.57	1998
65-69 Betty Brey	1:23.01	1997
70-74 Betty Brey	1:30.59	2002
75-79 Caroline Coleman	1:34.69	2006
80-84 Doris Russell	1:53.07	2000
85-89 Doris Russell	2:11.25	2005

100-YARD INDIVIDUAL MEDLEY - MEN

50-54 John Enterline	1:08.41	1999
55-59 David McIntyre	1:04.65	1994
60-64 Carl Christensen	1:16.50	1998
65-69 Yu-Jin Lee	1:20.06	1999
70-74 Lou McComas	1:25.47	2003
75-79 Kenneth Flynn	1:41.64	2006
80-84 Donald Crawford	2:03.52	2000
85-89 Donald Crawford	2:27.99	2005

100-YARD INDIVIDUAL MEDLEY - WOMEN

50-54 Barbara Protzman	1:18.59	2005
55-59 Nancy Brown	1:21.60	1994
60-64 Nancy Brown	1:25.82	1996
65-69 Sarah Allnut	1:38.59	1989
70-74 Caroline Coleman	1:46.37	2000
75-79 Mimi Lee	2:05.64	1995
80-84 Mimi Lee	2:16.59	2000

200-YARD BACKSTROKE - MEN

50-54 Thomas Matysek	2:44.63	2006
55-59 Keith Harries	2:53.47	1997
60-64 Kenneth Wall	2:57.76	2004
65-69 Ken Pollock	3:01.30	1998
70-74 Yu-jin Lee	3:07.78	2004
75-79 John Collings	4:08.78	2002
80-84 Walter Sompayrac	4:25.41	1997
85-89 Walter Sompayrac	4:35.43	1998

200-YARD BACKSTROKE - WOMEN

50-54 Elizabeth Hogan	2:40.99	2006
55-59 Martha Betz	2:59.58	2004
60-64 Nancy Brown	3:00.93	1998
65-69 Jill Coleman	3:33.95	1997
70-74 Nancy Brown	3:15.21	2006
75-79 Caroline Coleman	3:44.61	2006
80-84 Kathleen Ryan	5:56.11	2004
85-89 Louise Walker	6:07.06	2000

200-YARD BREASTSTROKE - MEN

50-54 Thomas Matysek	2:43.88	2005
55-59 James Tanner	3:26.50	2003
60-64 Frank Duncan	3:14.25	2004
65-69 Charles Einolf	3:28.27	2006
70-74 Lou McComas	3:31.84	2004
75-79 John Collings	5:03.28	2004
80-84 Esko Hallila	5:23.84	2004
85-89 Mauritz Anderson	7:12.89	2005

200-YARD BREASTSTROKE - WOMEN

50-54 Ann Linz	3:22.67	2006
55-59 Martha Betz	3:32.51	2006
60-64 Christine Jorgensen	3:37.87	2005
65-69 Nancy Brown	3:40.71	2003

200-YARD FREESTYLE - MEN

50-54 Rand Vaillancourt	2:14.80	1996
55-59 Bill Conroy	2:19.42	2002
60-64 Carl Christensen	2:30.59	1998
65-69 Frank Murphy	2:39.68	1983
70-74 Norris Fluke	2:44.15	1988
75-79 Norris Fluke	2:52.07	1993
80-84 William Boykin	3:33.84	1997
85-89 Walter Sompayrac	4:08.51	1999

200-YARD FREESTYLE - WOMEN

50-54 Barbara Protzman	2:28.98	2005
55-59 Judy Lim-Sharpe	2:39.45	2006
60-64 Nancy Brown	2:38.91	1999
65-69 Jane Rosell	3:28.26	1989

70-74 Nancy Brown	2:53.33	2006
75-79 Doris Russell	3:36.26	1995
80-84 Doris Russell	4:15.69	2000
85-89 Doris Russell	4:47.08	2005

200-YARD INDIVIDUAL MEDLEY - MEN

50-54 Thomas Matysek	2:33.21	2005
55-59 Rand Villancourt	2:36.34	2003
60-64 Kenneth Wall	2:52.32	2004
65-69 Yu-Jin Lee	3:02.62	2002
70-74 Yu-jin Lee	3:13.69	2004
75-79 Norris Fluke	3:15.30	1992
80-84 Donald Crawford	4:54.56	2000

200-YARD INDIVIDUAL MEDLEY - WOMEN

50-54 Elizabeth Hogan	2:41.20	2006
55-59 Martha Betz	2:58.61	2004
60-64 Nancy Brown	3:00.65	1996
65-69 Nancy Brown	3:19.68	2003
70-74 Nancy Brown	3:22.42	2006
75-79 Mimi Lee	4:47.82	1997
80-84 Mimi Lee	5:10.16	2000

500-YARD FREESTYLE - MEN

50-54 Philip Hoge	6:08.18	2006
55-59 Bill Conroy	6:09.41	2002
60-64 Kenneth Wall	6:51.17	2004
65-69 Frank Murphy	7:10.38	1983
70-74 Phillip Kerr	7:25.12	2005
75-79 Norris Fluke	7:40.09	1992
80-84 Robert Hughes	9:22.83	1995
85-89 Alvin Guttag	26:24.00	2005

500-YARD FREESTYLE - WOMEN

50-54 Elizabeth Hogan	6:28.91	2006
55-59 Nancy Brown	7:04.17	1995
60-64 Nancy Brown	7:13.04	1998
65-69 Nancy Brown	7:31.51	2003
70-74 Fances Haywood	9:40.50	2002
75-79 Rita Eisenberg	9:38.94	2006
80-84 Doris Russell	11:32.84	2002
85-89 Beatrice Schwartz	23:16.40	2002

ACHERY

COMPOUND FINGERS - MEN

50-54 James Brown	829	1999
55-59 Louis Cherry	834	1992
60-64 Robert M. Walker	848	1994
65-69 Robert Walker	843	1998
70-74 Robert Walker	841	2004

75-79 Scott Ballard	639	2000
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COMPOUND FINGERS - WOMEN

50-54 Sharon Emond	778	2002
60-64 Mary Sanders	791	1992
65-69 Eva Thompson	687	2000

COMPOUND RELEASE - MEN

50-54 Ronald West	889	2000
55-59 Ronald West	887	2002
60-64 Larry Hix	887	2000
65-69 Larry Hix	884	2004
70-74 Everett Witter	838	2002
75-79 Everett Witter	841	2004

COMPOUND RELEASE - WOMEN

50-54 Edith Wise	842	2004
55-59 Vicki Clem	852	1998
60-64 Vicki Clem	872	2004
65-69 Mary Sanders	803	1998
70-74 Mary Sanders	780	2000
75-79 Mary Sanders	778	2004

CROSSBOW - MEN

60-64 Donald Beck	160	1996
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RECURVE - MEN

50-54 Ted Light	834	2000
55-59 Ted Light	854	2004
60-64 David Jackson	799	1999
65-69 Raleigh Clark	757	2003
70-74 Donald Sampson	720	2000
75-79 Marvin Southcomb	638	2000
80-84 Marvin Southcomb	633	2003
85-89 Brown Dunning Jr.	604	1998
90-94 Brown Dunning Jr.	467	1999

BOWLING

10-PIN - 50-69 MEN'S SINGLES

50-54 Hugh Siar	660	1998
55-59 James Millard	735	2006
60-64 Terry Logan	716	1998
65-69 Terry Logan	716	2004

10 PIN - 50-69 WOMEN'S SINGLES

50-54 Joanne Behr	576	1996
55-59 Ada Bylsma	624	1991
60-64 Chris Russell	593	2002
65-69 Lois Norman	647	2006

10-PIN - 70+ MEN'S SINGLES

70-74 Jack Maddox	673	2003
75-79 Elmer Call	713	2004
80-84 Rutherford Taylor	621	2005
85-89 Myron Hunsinger	578	1996
90-94 Frank Herrelko	476	2004

10-PIN - 70+ WOMEN'S SINGLES

70-74 Kate Kwitkowski	615	1997
75-79 Bertha Decker	547	1995
80-84 Isabelle Beagel	552	2004
85-89 Ruth Korpman	542	2006
90-94 Mary Packo	411	2006

10-PIN DOUBLES- MEN

50-54 Gordon Rabe/Hugh Siar	1368	2000
55-59 Mel Kessner/Freank Zelechowski	1220	1997
60-64 Ronald Doub/Terry Logan	1400	2000
65-69 Theodore Wilkerson / Gary Payne	1334	2004
70-74 Jack Maddox/Richard Subock	1219	2005
75-79 Thomas Conner/Frank Herrelko	1147	1995
80-84 Virgil Mills/Lee Holcomb	1154	2006
90-94 Thomas Conner/Frank Herrelko	811	2005

10-PIN DOUBLES- WOMEN

50-54 Barbara Bitgood / Susan Habig	1079	2004
55-59 Barbara Bowling/Chris Russell	1111	2002
60-64 Glee Dubree/Patricia Schissler	1089	2002
65-69 Joan Kraft/Maude Streett	1080	2006
70-74 Dorothy Mattheisz/Jo Britten	1027	2000
75-79 Bertha Decker/Frances Piccirilli	876	1999
80-84 M Cummins/V. Cummins	862	1995

10-PIN MIXED DOUBLES

50-54 Luanna Strickland/Hugh Siar	1197	1998
55-59 Hugh Siar/Luanna Strickland	1229	2004
60-64 Carl Cuneo/Carol Ann Cuneo	1278	2006
65-69 Lois Norman/Jesse Watson	1214	2005
70-74 Dorothy Mattheisz/Richard Mattheisz	1186	1999
75-79 Jo Britten/Gerald Britten	1106	2005
80-84 Kate Kwitkoski/Walter Kwitkoski	1129	2005

DUCK PIN - 50-69 MEN'S SINGLES

50-54 Ken Durbin	378	2000
55-59 Harry Culbertson	459	2000
60-64 Harry Culbertson	437	2003
65-69 Steven Havlicek	471	1985

DUCK PIN - 50-69 WOMEN'S SINGLES

50-54 Elaine House	313	1996
55-59 Evelyn Raynor	403	1984

60-64 Jean Varndell	403	1998
65-69 Lucille Hedgespeth	392	2002

DUCK PIN - 70+ MEN'S SINGLES

70-74 Clyde West	468	1990
75-79 Richard Ely	442	2004
80-84 Angelo Dalla Tezza	428	2002
85-89 Amelio Morotti	373	1998
90-94 Rudolph Mann	238	1993

DUCK PIN - 70+ WOMEN'S SINGLES

70-74 Nena Soukop	405	1985
75-79 Eleanor Petronchak	359	1993
80-84 Dorothy Briley	333	1999
85-89 Mae McCartney	272	1991

DUCK PIN - MIXED DOUBLES

50-54 Joyce Durbin/Ken Durbin	657	2000
60-64 Agnes Kramer/Carl Cuneo	662	2002
65-69 Nannie Callan/Michael Fontana	674	1999
70-74 Pat Marinucci/Mark Ratner	710	2005
75-79 Shirley James/Monzel Smith	652	2003

DUCK PINS DOUBLES (MEN)

55-59 Albertus Bailey/Charles Ray	637	2002
65-69 Keith Lentner/Melvin Schnackenberg	706	2000
70-74 Robert Reter/Richard Ely	890	2003
75-79 Mark Fontana/John Supinski	649	2003

DUCK PINS DOUBLES (WOMEN)

55-59 Carol-Ann Cuneo/Sharon Cuneo	566	2002
60-64 Barbara Summers/Gloriae Green	750	2000
65-69 Clara Beavers/Nancy Callan	698	2002

CYCLING

5K - MEN

50-54 John Cox	7:15	2000
55-59 Bill Vogler	7:46	2000
60-64 John Elliott	7:44	1998
65-69 John Elliott	8:18	2006
70-74 Thomas Kelley	8:55	1996
75-79 Harvey Geller	9:32	1997
80-84 Herbert Peiser	12:03	1998
85-89 John Phillips Sr.	12:25	1996

5K - WOMEN

50-54 Jeanie Gunter	9:30	2006
55-59 Helen Beyers	10:09	1995
60-64 Frances Weston	9:34	2000
65-69 Ann Adelson	10:57	1995

70-74 Carol Knepp	11:26	1995
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10K - MEN

50-54 John Tobin	13:10	1996
55-59 John Elliott	12:04	1996
60-64 James Swift	15:13	1996
65-69 Charles Archer	17:12	1996
70-74 Thomas Kelley	16:06	1996
75-79 Harvey Geller	17:14	1997
80-84 Chalmer Grossnickle	21:13	1998
85-89 John Phillips Sr.	17:42	1996

10K - WOMEN

50-54 Sandra Buck	18:09	1998
55-59 Betty Tucker	17:26	1996
60-64 Frances Weston	19:20	2000
65-69 Ann Adelson	20:55	1998
70-74 Jane Hanks	19:03	1990
75-79 Carrie Nangeroni	27:05	2000
80-84 Helen Medani	33:23	2000

20K - MEN

50-54 John Harritt	28:19	1996
55-59 Wayne Rodgers	27:43	1994
60-64 Charles Archer	30:39	1994
65-69 Charles Archer	30:22	1995
70-74 Thomas Kelley	29:45	1995
75-79 Chalmer Grossnickle	35:04	1995
80-84 Chalmer Grossnickle	43:12	1998

20K - WOMEN

50-54 Sandra Buck	36:24	1998
55-59 Frances Weston	41:11	1997
60-64 Ann Adelson	34:54	1994
65-69 Carol Knepp	39:02	1994
70-74 Carol Knepp	37:48	1995
75-79 Ann Warren	1:03.53	2006

GOLF

MEN'S (50-69)

50-54 David Gradwell	75	2000
55-59 John Brockdorff	72	2000
60-64 Robert Johnson	72	2000
65-69 Jerry Phipps	73	1997

MEN'S (70+)

70-74 Jerry Phipps/Charles Davis	1996	72	2003
75-79 James Bunting	75	1998	
80-84 John Ford	79	1998	
85-89 James Bunting	84	2004	

90-94 Julius Taylor	93	2005
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WOMEN

50-54 Donna Meyer	81	2006
55-59 Anne Bailey	78	1994
60-64 Elinor Lees/Elain House	82	1996/2005
65-69 Nogiko Kertesz	83	2004
70-74 Kate Kwitkoski	86	1997
75-79 Kate Kwitkoski	96	2000
80-84 Arlene James	98	2004
85-89 Cunnigunda Kness	104	2005

TRACK & FIELD

100-METER DASH - MEN

50-54 Oscar Peyton	11.23	2006
55-59 Robert Koontz	12.09	2003
60-64 Joseph Hemler	11.53	1994
65-69 James Stookey	13.03	1995
70-74 Edward Matthews Jr.	13.16	1990
75-79 James Stookey	14.24	2005
80-84 Charles Wilson	15:50	2005
85-89 Earl Wentz	17.74	2000
90-94 Earl Wentz	20:37	2005

100-METER DASH - WOMEN

50-54 Helen Hayes	13.72	2004
55-59 Helen Hayes	14:05	2006
60-64 Carmen Campbell	15.48	2003
65-69 Audrey Lary	14.94	1999
70-74 Audrey Lary	16.12	2004
75-79 Wally Dashiell	17.39	2002
80-84 Marjorie Briggs	22.44	2002
85-89 Elizabeth Dow	32.62	1997

200-METER DASH - MEN

50-54 Oscar Peyton	23.70	2003
55-59 Lawrence Colbert	24.75	1992
60-64 Lawrence Colbert	25.50	1999
65-69 Lawrence Colbert	27.20	2002
70-74 Edward Matthews Jr.	27.63	1992
75-79 James Stookey	29.82	2005
80-84 Earl Wentz	36.23	1998
85-89 Earl Wentz	41.18	2000

200-METER DASH - WOMEN

50-54 Helen Hayes	27.73	2002
55-59 Helen Hayes	29.15	2006
60-64 Audrey Lary	33.94	1996
65-69 Audrey Lary	32.08	1999
70-74 Audrey Lary	33.25	2004

75-79 Anna Romagna	45.37	1996
80-84 Anna Romagna	49.90	1998

400-METER DASH - MEN

50-54 Melvin Fields	55:90	1996
55-59 Lawrence Colbert	56.85	1992
60-64 Lawrence Colbert	57.94	1997
65-69 James Stookey	1:05.90	1995
70-74 Edward Matthews Jr.	1:10.00	1991
75-79 Earl Wentz	1:19.00	1991
80-84 Bernie Fowler	1:29.00	2006
85-89 William Schlichtig	2:00.20	1999

400-METER DASH - WOMEN

50-54 Claudia Simpson	1:21.20	2005
55-59 Elly McComas	1:15.50	1994
60-64 Rachel Nielson	1:20.00	1991
65-69 Audrey Lary	1:20.24	1999
70-74 Dorothy Brill	1:27.90	1995
75-79 Anna Romagna	1:37.60	1993
80-84 Anna Romagna	1:56.18	1998

800-METER DASH - MEN

50-54 James Wich	2:13.60	1996
55-59 Louis Bryant	2:21.60	2005
60-64 Stan Witomski	2:35.00	1995
65-69 Don Kohler	2:45.00	2001
70-74 Don Kohler	2:57.00	2006
75-79 Ray Blue	3:13.00	1999
80-84 Bernie Fowler	3:45.00	2006
85-89 William Schlichtig	5:09.00	1999

800-METER DASH - WOMEN

50-54 Margaret Rosasco	2:54.00	1999
55-59 Rachel Nielson	3:01.27	1988
60-64 Tami Graf	3:14.00	1996
65-69 Rachel Nielsen/Tami Graf	3:25.00	1997/2005
70-74 Margaret Rosasco	2:57.70	1998
75-79 Anna Romagna	3:45.55	1993
80-84 Anna Romagna	4:39.00	1998
85-89 Agnes Chambers	1:05.15	2006

1,500-METER RUN - MEN

50-54 James Wich	4:43.00	1996
55-59 Charlie Koester	4:56.80	2000
60-64 John Elliott	5:16.30	1998
65-69 Stephen Rosasco	5:42.00	1997
70-74 Don Kohler	6:07.72	2006
75-79 Bill Osburn	6:23.00	1998
80-84 Tony Matesic	8:20.00	1994
85-89 Alvin Guttag	14:41.30	2003

1,500-METER RUN - WOMEN

50-54 Margaret Rosasco	5:53.00	1998
55-59 Joanne Mallet	6:09.64	1990
60-64 Tami Graf	6:38.00	1997
65-69 Joanne Mallet	7:13.90	2000
70-74 Tami Graf	7:30.40	2006
75-79 Anna Romagna	8:22.00	1994
80-84 Wally Dashiell	12:30.90	2003

1,500-METER RACE WALK - MEN

50-54 David Downin	7:52.10	1998
55-59 David Downin	7:54.35	2002
60-64 Elmer Hall	8:39.00	1990
65-69 Peter Hui	8:31.00	1997
70-74 Peter Hui	8:57.49	2000
75-79 Charles Boyle	9:35.20	2001
80-84 Charles Boyle	10:03.00	2003
85-89 Paul Fairbank	11:34.00	1992
90-94 Anthony Matesic	14:05.90	2005

1.500-METER RACE WALK - WOMEN

50-54 Deborah Vandover	23.14	2004
55-59 Nancy Whitney	8:19.00	1994
60-64 Lois Dicker	9:04.83	2002
65-69 Lois Dicker	9:41.11	2004
70-74 Alberta Tompkins	10:51.00	1993
75-79 Emma Lou Taylor	11:04.00	1990
80-84 Mary Bittner	13:03.12	1995
90-94 Ruth Bennett	16:48.00	1990
95+ Ruth Bennett (96 yrs old)	21:47.00	1993

5,000-METER RUN - MEN

50-54 Charlie Koester	17:08.00	1996
55-59 Charlie Koester	17:33.00	2000
60-64 John Elliott	18:18.40	1998
65-69 John Elliott	20:05.00	2006
70-74 Bill Osburn	22:31.00	1996
75-79 Denzil Pritchard	23:34.00	1996
80-84 Robert Gelman	28:55.70	2004
85-89 Alvin Gutttag	48:50.30	2004

5,000 METER RUN - WOMEN

50-54 Meredith Bonta	21:35.00	1996
55-59 Joanne Mallet	21:15.00	1990
60-64 Joanne Mallet	23:16.30	1994
65-69 Joanne Mallet	25:12.00	2000
70-74 Tami Graf	27:56.20	2006
75-79 Yvonne Aasen	35:39.00	2006

10,000-METER RUN - MEN

50-54 Charlie Koester	36:13.00	1996
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55-59 Charlie Koester	36:45.00	2000
60-64 John Elliott	38:11.00	1998
65-69 John Elliott	41:24.00	2003
70-74 William Foley	49:47.00	1994
75-79 Bill Roberts	53:12.79	1990
80-84 Charles Boyle	1:11:37.86	2004
85-89 Alvin Gutttag	1:53:21.96	2004

10,000-METER RUN - WOMEN

50-54 Susan Woodward	51:14.00	1997
55-59 Joanne Mallet	47:32.00	1991
60-64 Joanne Mallet	50:35.00	1994
65-69 Tami Graf 00:	58:17.80	2004
70-74 Yvonne Aasen	1:04:38.26	2002
75-79 Yvonne Aasen	1:17.45	2006

DISCUS - MEN

50-54 William Gainey	126'05.00"	2000
55-59 Edward McComas	148'06.00"	1989
60-64 Edward McComas	163'09.00"	1994
65-69 Edward McComas	130'09.50"	2000
70-74 Samuel Griffith	108'01.50"	1997
75-79 Samuel Griffith	98'10.00"	2003
80-84 Charlie Irwin	79'05.00"	1999
85-89 Kenneth Babcock	69'04.00"	1993
90-94 Frank Herrelko	37'01.00"	2003

DISCUS - WOMEN

50-54 Diane Harahush	68'04.50"	1997
55-59 Slova Galperina-Weinberg	82'07.00"	2002
60-64 Evelyn Wright	81'03.00"	1998
65-69 Evelyn Wright	72'01.00"	2003
70-74 Audrey Lary	67'03.50"	2004
75-79 Barbara Martin	49'04.00"	2002
80-84 Wally Dashiell	39'09.00"	2003
85-89 Angela Witt	27'11.25"	1995

FOOTBALL THROW - MEN

50-54 Michael Graham	153'00.00"	2006
55-59 Martin Harahush	146'08.00"	2002
60-64 James Kenney	154'00.00"	2001
65-69 Adolph Kuegler	140'05.00"	2002
70-74 Robert Beaton	117'00.00"	2006
75-79 Charles McGarvey	102'02.00"	2000
80-84 William O'connor	94'00.00"	2004
85-89 Glen Olsen	54'00.00"	2002
90-94 Glen Olsen	39'00.00"	2004

FOOTBALL THROW - WOMEN

50-54 Donna Anderson	86'02.00"	2000
55-59 Patricia Stephenson	69'00.00"	2004

60-64 Joan Delpi	82'09.00"	2000
65-69 Nancy Callan	75'08.00"	2002
70-74 Nancy Callan	76'00.00"	2004
75-79 Kate Kwitkoski	56'08.00"	2000
80-84 Barbara Martin	37'06.00"	2006
85-89 Flora Wilson	20'00.00"	2006

HAMMER THROW – MEN

50-54 Peter Collins	107'10.00"	2006
55-59 William Gainey	97'01.00"	2006
60-64 () Bookin-Weiner	130'05.00"	2006
65-69 Adolph Kuegler	103'06.00"	2006
70-74 Gerald Snyder	73'00.00"	2006
75-79 Robert Leishear	60'11.00"	2006
80-84 Brian Power-Waters	61'04.00"	2006
85-89 Vincent Volrath	57'09.00"	2006

HAMMER THROW – WOMEN

55-59 Janis Whittier	20'03.00"	2006
65-69 Evelyn Wright	66'11.00"	2006
70-74 Audrey Lary	61'05.00"	2006
80-84 Wally Dashell	31'05.00"	2006

HIGH JUMP - MEN

50-54 Michael Graham	5'06.25"	2006
55-59 Michael Green	5'00.00"	2003
60-64 Samuel Griffith	4'10.00"	1990
65-69 James Stookey	4'08.00"	1995
70-74 Frederick Everhart	4'06.00"	1999
75-79 Frederick Everhart	4'07.00"	2002
80-84 Charles Wilson	4'02.00"	2004
85-89 Charlie Irwin	3'05.00"	2002

HIGH JUMP - WOMEN

50-54 Claudia Simpson	3'10.00"	2005
55-59 Andrea Rea	3'04.00"	2006
60-64 Evelyn Wright	4'02.00"	1999
65-69 Evelyn Wright	4'04.00"	2002
70-74 Wally Dashiell	3'02.00"	1997
75-79 Wally Dashiell	3'00.00"	1999
80-84 Wally Dashiell	2'11.00	2004

JAVELIN - MEN

50-54 Bill Walsh	143'02.00"	1998
55-59 Bill Walsh	137'02.00"	2000
60-64 James Kenney	149'10.00"	2002
65-69 James Kenney	131'08.00"	2006
70-74 James Eyer	103'07.00"	2002
75-79 Charles McGarvey/Eevald Aarma	98'04.00"	1997 ('91)
80-84 Eevald Aarma	90'11.00"	1992

85-89 Charlie Irwin	55'10.00"	2003
90-94 Robert Walker	25'02.00"	1999

JAVELIN - WOMEN

50-54 Diane Harahush	66'02.00"	1999
55-59 Evelyn Wright	75'01.00"	1996
60-64 Evelyn Wright	75'03.00"	1998
65-69 Evelyn Wright	67'08.00"	2003
70-74 Audrey Lary	61'01.00"	2005
75-79 Barbara Martin	51'00.00"	2004
80-84 Barbara Martin	38'02.00"	2006
85-89 Elizabeth Dow	29'03.00"	1995

POLE VAULT - MEN

50-54 Tomlinson Rauscher	11'06.00"	1999
55-59 Tomlinson Rauscher	11'06.00"	2002
60-64 Elmer Hall	9'01.00"	1992
65-69 Elmer Hall/Samuel Griffith (1991)	8'06.00"	1993
70-74 James Condell/Samuel Griffith	8'00.00"	2003/1997
75-79 James Condell	7'03.00"	2006
80-84 Edward Murphy	4'00.00"	2006

POLE VAULT - WOMEN

55-59 Ashley Childs	4'07.00"	2006
60-64 Evelyn Wright	5'11.00"	2001
65-69 Evelyn Wright	6'07.00"	2003

RUNNING LONG JUMP - MEN

50-54 Michael McDaniel	18'10.50"	2000
55-59 Joseph Hemler	15'04.00"	1992
60-64 James Stookey	16'08.00"	1993
65-69 James Stookey	15'11.00"	1999
70-74 James Stookey	16'08.50"	2000
75-79 James Stookey	14'06.00"	2006
80-84 Charles Wilson	13'01.00"	2005
85-89 Charlie Irwin	8'03.00"	2003

RUNNING LONG JUMP - WOMEN

50-54 Claudia Simpson	11'07.00"	2005
55-59 Linda Frazier	10'02.00"	2006
60-64 Evelyn Wright	12'01.00"	1998
65-69 Audrey Lary	12'04.50"	2002
70-74 Audrey Lary	11'09.00"	2005
75-79 Della Martin Gross	9'00.00"	1995
80-84 Evelyn Schroedl	6'04.50"	1998
85-89 Elizabeth Dow	4'03.00"	1995

SHOT PUT - MEN

50-54 William Gainey	41'10.00"	1999
55-59 William Gainey	41'01.00"	2004
60-64 Edward McComas	42'04.50"	1995

65-69 Adolph Kuegler	40'05.00"	2002
70-74 Donald Joy	37'08.00"	2001
75-79 Theodore Eklund	34'08.50"	1990
80-84 Eevald Aarma	30'04.00"	1992
85-89 Charlie Irwin	25'08.00"	2003

SHOT PUT - WOMEN

50-54 Marsha Payne	26'11.00"	1998
55-59 Chris Russell	31'04.50"	1998
60-64 Evelyn Wright	30'02.50"	1998
65-69 Audrey Lary	28'06.50"	1999
70-74 Barbara Martin	21'10.00"	1996
75-79 Barbara Martin	20'11.5"	2002
80-84 Barbara Martin	17'09.50"	2006
85-89 Elizabeth Dow	14'04.00"	1997

SOFTBALL THROW - MEN

50-54 Bill Walsh	255'05.00"	1996
55-59 James Kenney	234'10.00"	2000
60-64 James Kenney	230'00.00"	2002
65-69 Alan Reffkin	208'00.00"	2000
70-74 Charles McGarvey	177'08.00"	1993
75-79 Charles McGarvey	151'10.00"	1998
80-84 Edward Murphy	129'00.00"	2004
85-89 John Ey	110'03.00"	1994
90-94 Glen Olsen	56'00.00"	2004

SOFTBALL THROW - WOMEN

50-54 Patricia Stephenson	160'00.00"	2000
55-59 Patricia Stephenson	156'00.00"	2004
60-64 Helen Boyd	132'07.00"	1997
65-69 Nannie Callan	123'10.00"	1999
70-74 Mary Clark	103'10.00"	1996
75-79 Kate Kwitkoski	84'09.00"	2000
80-84 Kate Kwitkoski	68'09.00"	2005
85-89 Emma Taylor	43'00.00"	2000
90-94 Elizabeth Evans	37'02.50"	1995

STANDING LONG JUMP - MEN

50-54 Chuckie Arons	8'08.00"	2003
55-59 Michael Green	8'08.50"	2004
60-64 Joseph Hemler	8'08.50"	1994
65-69 Elmer Hall	8'02.00"	1993
70-74 Frederick Everhart	8'02.50"	1999
75-79 Frederick Everhart	7'08.00"	2003
80-84 Charles Wilson	7'02.00"	2004
85-89 William Schlichtig	5'09.75"	1999
90-94 Glen Olsen	3'02.00"	2004

STANDING LONG JUMP – WOMEN

50-54 Claudia Simpson	6'08.50"	2005
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55-59 Diane Harahush	6'05.00"	2003
60-64 Audrey Lary	6'07.00"	1996
65-69 Audrey Lary	6'11.50"	2002
70-74 Audrey Lary	6'06.50"	2004
75-79 Della Martin Gross	5'00.00"	1997
80-84 Wally Dashiell	4'01.00"	2004
85-89 Elizabeth Dow	3'01.50"	1997

TRIPLE JUMP - MEN

50-54 Michael Graham	36'09.00"	2005
55-59 Bill Walsh	32'05.50"	2000
60-64 Tyrone Brown	31'04.00"	2006
65-69 James Stookey	32'03.50"	1999
70-74 James Stookey	33'03.00"	2000
75-79 James Stookey	30'05.00"	2005
80-84 Charlie Irwin	21'01.50"	1999
85-89 Charlie Irwin	19'06.00"	2002

TRIPLE JUMP - WOMEN

50-54 Gail Zitnay	19'01.00"	2002
55-59 Andrea Rea	18'08.50"	2006
60-64 Evelyn Wright	26'07.00"	1999
65-69 Audrey Lary	27'03.00"	1999
70-74 Audrey Lary	26'07.00"	2004
75-79 Wally Dashiell	15'06.00"	2000
80-84 Wally Dashiell	13'10.00"	2004

WEIGHT THROW - MEN

50-54 Keith Mathis	31'04.00"	2006
55-59 William Gainey	38'10.00"	2006
60-64 () Bookin-Weiner	46'04.25"	2006
65-69 Adolph Kuegler	38'08.25"	2006
70-74 John Sellers	39'07.50"	2006
75-79 Robert Leishear	23'00.25"	2006
80-84 Brian Power-Waters	24'05.00"	2006

WEIGHT THROW - WOMEN

55-59 Janis Whittier	13'00.00"	2006
65-69 Evelyn Wright	33'00.25"	2006
70-74 Audrey Lary	26'00.75"	2006
80-84 Wally Dashiell	14'08.50"	2006

WALKING

RECREATIONAL WALKING – MEN 1-MILE

50-54 Eugene Hoffman	9:56.75	2002
55-59 Richard Burton	8:20.00	1992
60-64 Robert Paulen	9:46.23	1998
65-69 Robert Paulen	9:38.00	2006
70-74 William Bergen	10:48.00	1999
75-79 Edgar Keats	11:15.00	1993

80-84 Frederick Poland	11:55.00	1993
85-89 William Schlichtig	13:53.00	1999
90-94 Aaron Smelkinson	15:38.00	1998

RECREATIONAL WALKING – WOMEN 1-MILE

50-54 Diane Harahush	11:56.00	1997
55-59 Dorothy Carter	10:18.00	1992
60-64 Helen Schley	11:04.06	1988
65-69 Wally Dashiell	11:21.00	1992
70-74 Wally Dashiell	11:33.00	1994
75-79 Helen Opel	11:55.00	1992
80-84 Wally Dashiell	13:09.42	2004
85-89 Elizabeth Dow	15:37.00	1997
90-94 Mary Weinberg	17:20:00	2006
95+ Elizabeth Hartje	25:05.12	2003
100+ Ruth Bennett (100yrs old)	28:36.00	1997