



All-Time Track & Field Records

Record times and distances for the track and field events of each age group of the Maryland Senior Olympics. These records are updated through the 2017 track and field meet. Field event measurements are in feet and inches.

New records are in bold.

50-METER DASH—MEN

| | | |
|-------------------------|-------|------|
| 50-54 Jeremy Roberts | 6.80 | 2013 |
| 55-59 Don McGee | 6.73 | 2016 |
| 60-64 Oscar Peyton | 6.77 | 2014 |
| 65-69 Ethelbert Peters | 7.33 | 2015 |
| 70-74 Richard Sherman | 7.70 | 2013 |
| 75-79 Robert Paulen | 8.04 | 2013 |
| 80-84 Marshall Thompson | 9.37 | 2015 |
| 85-89 Brian Detweiler | 10.99 | 2015 |
| 90-94 Allen Rosen | 21.22 | 2013 |

50-METER DASH—WOMEN

| | | |
|---------------------------|--------------|-------------|
| 50-54 Sandy Triolo | 7.52 | 2013 |
| 55-59 Mary Wilkins | 9.08 | 2016 |
| 60-64 Claudia Simpson | 8.73 | 2014 |
| 65-69 Pamela Mason | 10.31 | 2017 |
| 70-74 Lois Scheminant | 14.57 | 2012 |
| 75-79 Rose Green | 9.54 | 2017 |
| 80-84 Audrey Lary | 11.48 | 2014 |

100-METER DASH—MEN

| | | |
|---------------------------|-------|------|
| 50-54 Oscar Peyton | 11.23 | 2006 |
| 55-59 Oscar Peyton | 11.89 | 2010 |
| 60-64 Joseph Hemler | 11.53 | 1994 |
| 65-69 James Stookey | 13.03 | 1995 |
| 70-74 Edward Matthews Jr. | 13.16 | 1990 |
| 75-79 James Stookey | 14.24 | 2005 |
| 80-84 Charles Wilson | 15.50 | 2005 |
| 85-89 Charles Wilson | 17.06 | 2009 |
| 90-94 Earl Wentz | 20.37 | 2005 |
| 95-99 Earl Wentz | 26.59 | 2011 |

100-METER DASH—WOMEN

| | | |
|-----------------------|-------|------|
| 50-54 Helen Hayes | 13.72 | 2004 |
| 55-59 Helen Hayes | 14.05 | 2006 |
| 60-64 Carmen Campbell | 15.48 | 2003 |
| 65-69 Audrey Lary | 14.94 | 1999 |
| 70-74 Audrey Lary | 16.12 | 2004 |
| 75-79 Rose Green | 16.91 | 2016 |
| 80-84 Marjorie Briggs | 22.44 | 2002 |
| 85-89 Wally Dashiell | 31.99 | 2010 |

200-METER DASH—MEN

| | | |
|----------------------------|--------------|-------------|
| 50-54 Oscar Peyton | 23.70 | 2003 |
| 55-59 Oscar Peyton | 23.69 | 2008 |
| 60-64 Oscar Peyton | 23.74 | 2012 |
| 65-69 Lawrence Colbert | 27.20 | 2002 |
| 70-74 Edward Matthews Jr. | 27.63 | 1992 |
| 75-79 James Stookey | 29.82 | 2005 |
| 80-84 Larry Colbert | 34.29 | 2017 |
| 85-89 Bernie Fowler | 40.86 | 2009 |
| 90-94 Allen Rosen | 2:07.96 | 2013 |

200-METER DASH—WOMEN

| | | |
|-------------------------|--------------|-------------|
| 50-54 Helen Hayes | 27.73 | 2002 |
| 55-59 Helen Hayes | 29.15 | 2006 |
| 60-64 Claudia Simpson | 33.82 | 2013 |
| 65-69 Audrey Lary | 32.08 | 1999 |
| 70-74 Audrey Lary | 33.25 | 2004 |
| 75-79 Rose Green | 36.75 | 2017 |
| 80-84 Anna Romagna | 49.90 | 1998 |
| 85-89 Wally Dashiell | 1:16.99 | 2010 |

400-METER DASH—MEN

| | | |
|------------------------|---------|------|
| 50-54 John Curtis | 55.04 | 2016 |
| 55-59 Thomas Jones | 55.49 | 2008 |
| 60-64 Lawrence Colbert | 57.94 | 1997 |
| 65-69 Glen Allen | 1:05.46 | 2016 |
| 70-74 Abby Williams | 1:06.04 | 2010 |
| 75-79 Earl Wentz | 1:19.00 | 1991 |
| 80-84 Bernie Fowler | 1:29.00 | 2006 |
| 85-89 Bernie Fowler | 1:43.98 | 2009 |
| 90-94 Charles Boyle | 3:13.79 | 2014 |

400-METER DASH—WOMEN

| | | |
|-----------------------|---------|------|
| 50-54 Jeannette Lussi | 1:17.35 | 2014 |
| 55-59 Alison Suckling | 1:12.42 | 2011 |
| 60-64 Rachel Nielson | 1:20.00 | 1991 |
| 65-69 Audrey Lary | 1:20.24 | 1999 |
| 70-74 Audrey Lary | 1:26.36 | 2008 |
| 75-79 Audrey Lary | 1:28.61 | 2009 |
| 80-84 Anna Romagna | 1:56.18 | 1998 |
| 85-89 Yvonne Aasen | 2:57.91 | 2016 |

800-METER DASH—MEN

| | | |
|---------------------|---------|------|
| 50-54 James Wich | 2:13.60 | 1996 |
| 55-59 Joseph Burno | 2:14.50 | 2008 |
| 60-64 Stan Witomski | 2:35.00 | 1995 |
| 65-69 Don Kohler | 2:45.00 | 2001 |
| 70-74 Oliver Grant | 2:52.84 | 2008 |
| 75-79 Oliver Grant | 3:05.64 | 2013 |
| 80-84 Oliver Grant | 3:30.78 | 2016 |
| 85-89 Charles Boyle | 5:03.91 | 2009 |

800-METER DASH—WOMEN

| | | |
|---------------------------|----------------|-------------|
| 50-54 Louise Kelley | 2:43.22 | 2016 |
| 55-59 Alison Suckling | 2:50.02 | 2011 |
| 60-64 Tami Graf | 3:14.00 | 1996 |
| 65-69 Margaret Rosasco | 3:20.37 | 2013 |
| 70-74 Donna Brill | 3:48.80 | 1995 |
| 75-79 Anna Romagna | 3:45.55 | 1993 |
| 80-84 Anna Romagna | 4:39.00 | 1998 |
| 85-89 Yvonne Aasen | 6:47.35 | 2017 |

1,500-METER DASH—MEN

| | | |
|------------------------------|----------------|-------------|
| 50-54 James Winch | 4:43.00 | 1996 |
| 55-59 Joseph Burno | 4:40.64 | 2008 |
| 60-64 Maurice Pointer | 5:13.92 | 2017 |
| 65-69 Stephen Rosasco | 5:42.00 | 1997 |
| 70-74 Oliver Grant | 5:51.92 | 2008 |
| 75-79 Oliver Grant | 6:22.18 | 2013 |
| 80-84 Oliver Grant | 7:12.85 | 2016 |
| 85-89 Charles Boyle | 10:13.54 | 2009 |
| 90-94 Charles Boyle | 13:37.28 | 2014 |

1,500-METER DASH—WOMEN

| | | |
|---------------------------|-----------------|-------------|
| 50-54 Jeannette Lussi | 5:50.29 | 2014 |
| 55-59 Alison Suckling | 5:40.49 | 2010 |
| 60-64 Tami Graf | 6:38.00 | 1997 |
| 65-69 Joanne Mallet | 7:13.90 | 2000 |
| 70-74 Tami Graf | 7:30.40 | 2006 |
| 75-79 Anna Romagna | 8:22.00 | 1994 |
| 80-84 Tami Graf | 9:55.94 | 2016 |
| 85-89 Yvonne Aasen | 13:16.82 | 2017 |

5,000-METER DASH—MEN

| | | |
|---|-----------------|-------------|
| 50-54 Charlie Koester | 17:08.00 | 1996 |
| 55-59 Charlie Koester | 17:33.00 | 2000 |
| 60-64 John Elliott | 18:18.40 | 1998 |
| 65-69 John Elliott | 20:05.00 | 2006 |
| 70-74 John Elliott | 21:42.00 | 2010 |
| 75-79 John Elliott | 23:09.00 | 2014 |
| 80-84 Xianxiag Xie | 27:06.00 | 2008 |
| 85-89 George Yannakakis | 30:41.00 | 2017 |
| 90-94 Tom Lang | 34:41.00 | 2012 |
| 100-plus Jacek Glinkowski (100 years old) | 44:27.00 | 2012 |

5,000-METER DASH—WOMEN

| | | |
|--------------------------------------|-----------------|-------------|
| 50-54 Darcy Strouse | 19:40.00 | 2014 |
| 55-59 Cindy Conant | 19:40.00 | 2017 |
| 60-64 Gilma Sandoval | 20:43.00 | 2012 |
| 65-69 Alice Franks | 22:59.00 | 2014 |
| 70-74 Tami Graf | 27:56.20 | 2006 |
| 75-79 Jeannie Pizzonia | 32:09.00 | 2010 |
| 80-84 Yvonne Aasen | 36:30.00 | 2011 |
| 85-89 Yvonne Aasen | 54:41.00 | 2017 |
| 100-plus Tele Tarpeh (100 years old) | 46:25.00 | 2012 |

10,000-METER DASH—MEN

| | | |
|-----------------------|------------|------|
| 50-54 Maurice Pointer | 35:57.00 | 2008 |
| 55-59 Maurice Pointer | 36:26.00 | 2010 |
| 60-64 John Elliott | 38:11.00 | 1998 |
| 65-69 John Elliott | 41:24.00 | 2003 |
| 70-74 John Elliott | 44:28.00 | 2010 |
| 75-79 Bill Roberts | 53:12.79 | 1990 |
| 80-84 Xianxiang Xie | 57:18.00 | 2008 |
| 85-89 Charles Boyle | 1:25:39.00 | 2010 |

10,000-METER DASH—WOMEN

| | | |
|-----------------------|------------|------|
| 50-54 Darcy Strouse | 40:58.00 | 2015 |
| 55-59 Alison Suckling | 44:34.00 | 2010 |
| 60-64 Chris Craun | 47:10.00 | 2008 |
| 65-69 Alice Franks | 48:44.00 | 2014 |
| 70-74 Molly Sherwood | 1:01:22.00 | 2014 |
| 75-79 Tami Graf | 1:06:32.00 | 2012 |
| 80-84 Yvonne Aasen | 1:17:17.00 | 2012 |

DISCUS—MEN

| | | |
|-------------------------------|------------------|-------------|
| 50-54 Lawrence Rosen | 155-00.00 | 2010 |
| 55-59 Edward McComas | 148-06.00 | 1989 |
| 60-64 Edward McComas | 163-09.00 | 1994 |
| 65-69 Edward McComas | 130-09.50 | 2000 |
| 70-74 William Gainey | 122-02.00 | 2017 |
| 75-79 David Merkwowitz | 114-10.00 | 2017 |
| 80-84 Ward Jones | 83-03.00 | 2013 |
| 85-89 Kenneth Babcock | 69-04.00 | 1993 |
| 90-94 Edward Murphy | 57-05.00 | 2015 |

DISCUS—WOMEN

| | | |
|-----------------------------|-----------------|-------------|
| 50-54 Shirley Geisbert | 81-00.00 | 2010 |
| 55-59 Shirley Geisbert | 83-08.00 | 2015 |
| 60-64 Evelyn Wright | 81-03.00 | 1998 |
| 65-69 Evelyn Wright | 72-01.00 | 2003 |
| 70-74 Evelyn Wright | 69-04.00 | 2007 |
| 75-79 Barbara Martin | 49-04.00 | 2002 |
| 80-84 Barbara Martin | 44-07.00 | 2009 |
| 85-89 Wally Dashiell | 41-01.00 | 2009 |
| 90-94 Wally Dashiell | 32-02.00 | 2017 |

HAMMER THROW — MEN

| | | |
|----------------------------|-----------|------|
| 50-54 Shawn Robinson | 142-06.00 | 2012 |
| 55-59 Shawn Robinson | 135-11.00 | 2016 |
| 60-64 Jerome Bookin-Weiner | 130-05.00 | 2006 |
| 65-69 James Pearce | 110-05.00 | 2011 |
| 70-74 Adolph Kuegler | 115-00.00 | 2010 |
| 75-79 Adolph Kuegler | 104-00.00 | 2012 |
| 80-84 Allen Durling | 88-07.00 | 2014 |
| 85-89 Darrell Dempster | 64-11.00 | 2014 |
| 90-94 George Helwig | 53-08.00 | 2014 |

HAMMER THROW — WOMEN

| | | |
|-----------------------------|-----------------|-------------|
| 50-54 Mary Wilkins | 94-05.00 | 2013 |
| 55-59 Donna Barrett | 88-00.00 | 2013 |
| 60-64 Shirley Geisbert | 81-06.00 | 2016 |
| 65-69 Evelyn Wright | 66-11.00 | 2006 |
| 70-74 Audrey Lary | 61-05.00 | 2006 |
| 75-79 Lois Scheminant | 66-07.00 | 2015 |
| 80-84 Audrey Lary | 55-08.00 | 2014 |
| 85-89 Wally Dashiell | 47-02.00 | 2010/2012 |
| 90-94 Wally Dashiell | 41-00.00 | 2017 |

HIGH JUMP — MEN

| | | |
|--------------------------|---------|------|
| 50-54 Michael Graham | 5-06.25 | 2006 |
| 55-59 Michael Graham | 5-07.00 | 2007 |
| 60-64 Samuel Griffith | 4-10.00 | 1990 |
| 65-69 James Stookey | 4-08.00 | 1995 |
| 70-74 Frederick Everhart | 4-06.00 | 1999 |
| 75-79 Frederick Everhart | 4-07.00 | 2002 |
| 80-84 Charles Wilson | 4-02.00 | 2004 |
| 85-89 Charles Wilson | 3-10.00 | 2009 |
| 90-94 Charles Wilson | 3-03.75 | 2014 |

HIGH JUMP — WOMEN

| | | |
|-------------------------|---------|------|
| 50-54 Angela Sappington | 4-01.25 | 2015 |
| 55-59 Claudia Simpson | 4-01.00 | 2009 |
| 60-64 Evelyn Wright | 4-02.00 | 1999 |
| 65-69 Evelyn Wright | 4-04.00 | 2002 |
| 70-74 Evelyn Wright | 4-01.00 | 2009 |
| 75-79 Wally Dashiell | 3-00.00 | 1999 |
| 80-84 Wally Dashiell | 2-11.00 | 2004 |
| 85-89 Wally Dashiell | 2-04.93 | 2008 |

JAVELIN — MEN

| | | |
|----------------------------|------------------|-------------|
| 50-54 Bill Walsh | 143-02.00 | 1998 |
| 55-59 Curt Foianini | 144-06.00 | 2017 |
| 60-64 James Kenney | 149-10.00 | 2002 |
| 65-69 James Kenney | 131-08.00 | 2006 |
| 70-74 James Kenney | 136-06.00 | 2012 |
| 75-79 James Kenney | 117-08.00 | 2016 |
| 80-84 Eevald Aarma | 90-11.00 | 1992 |
| 85-89 Edward Murphy | 70-04.00 | 2013 |
| 90-94 Edward Murphy | 66-09.00 | 2014 |

JAVELIN — WOMEN

| | | |
|------------------------|----------|------|
| 50-54 Shirley Geisbert | 69-04.00 | 2010 |
| 55-59 Evelyn Wright | 75-01.00 | 1996 |
| 60-64 Evelyn Wright | 75-03.00 | 1998 |
| 65-69 Evelyn Wright | 67-08.00 | 2003 |
| 70-74 Audrey Lary | 61-01.00 | 2005 |
| 75-79 Barbara Martin | 51-00.00 | 2004 |
| 80-84 Barbara Martin | 38-02.00 | 2006 |
| 85-89 Elizabeth Dow | 29-03.00 | 1995 |
| 90-94 Wally Dashiell | 22-02.00 | 2016 |

LONG JUMP (RUNNING) — MEN

| | | |
|------------------------|----------|------|
| 50-54 Michael McDaniel | 18-10.50 | 2000 |
| 55-59 Michael McDaniel | 17-00.50 | 2002 |
| 60-64 James Stookey | 16-08.00 | 1993 |
| 65-69 James Stookey | 15-11.00 | 1999 |
| 70-74 James Stookey | 16-08.50 | 2000 |
| 75-79 James Stookey | 14-06.00 | 2006 |
| 80-84 Charles Wilson | 13-01.00 | 2005 |
| 85-89 Charles Wilson | 11-03.00 | 2009 |
| 90-94 Charles Wilson | 4-11.50 | 2014 |

LONG JUMP (RUNNING) — WOMEN

| | | |
|-----------------------------|----------|------|
| 50-54 Carol Richardson-Heft | 12-06.50 | 2016 |
| 55-59 Claudia Simpson | 11-04.17 | 2008 |
| 60-64 Evelyn Wright | 12-01.00 | 1998 |
| 65-69 Audrey Lary | 12-04.50 | 2002 |
| 70-74 Audrey Lary | 11-04.82 | 2008 |
| 75-79 Audrey Lary | 11-07.00 | 2009 |
| 80-84 Audrey Lary | 7-02.25 | 2014 |
| 85-89 Wally Dashiell | 5-04.50 | 2009 |

LONG JUMP (STANDING) — MEN

| | | |
|--------------------------|----------------|-------------|
| 50-54 Don Davis | 9-11.25 | 2017 |
| 55-59 Michael Green | 8-08.50 | 2004 |
| 60-64 Joseph Hemler | 8-08.50 | 1994 |
| 65-69 Elmer Hall | 8-02.00 | 1993 |
| 70-74 Frederick Everhart | 8-02.50 | 1999 |

| | | |
|--------------------------|---------|------|
| 75-79 Frederick Everhart | 7-08.00 | 2003 |
| 80-84 Charles Wilson | 7-02.00 | 2004 |
| 85-89 Edward Murphy | 6-01.50 | 2009 |
| 90-94 Edward Murphy | 5-09.75 | 2014 |

LONG JUMP (STANDING) — WOMEN

| | | |
|-----------------------|---------|------|
| 50-54 Claudia Simpson | 6-08.50 | 2005 |
| 55-59 Claudia Simpson | 6-06.60 | 2008 |
| 60-64 Claudia Simpson | 6-09.25 | 2013 |
| 65-69 Audrey Lary | 6-11.50 | 2002 |
| 70-74 Evelyn Wright | 6-10.00 | 2009 |
| 75-79 Audrey Lary | 6-01.00 | 2009 |
| 80-84 Wally Dashiell | 4-01.00 | 2004 |
| 85-89 Wally Dashiell | 3-03.75 | 2010 |

POLE VAULT — MEN

| | | |
|-------------------------------------|----------|-----------|
| 50-54 Tomlinson Rauscher | 11-06.00 | 1999 |
| 55-59 Tomlinson Rauscher | 11-06.00 | 2002 |
| 60-64 Tomlinson Rauscher | 10-00.00 | 2008 |
| 65-69 Elmer Hall/Samuel Griffith | 8-06.00 | 1993/1991 |
| 70-74 James Condell/Samuel Griffith | 8-00.00 | 2003/1997 |
| 75-79 James Condell | 7-03.00 | 2006 |
| 80-84 James Condell | 5-04.50 | 2014 |

POLE VAULT — WOMEN

| | | |
|---------------------------|----------------|-------------|
| 55-59 Linda Wells | 6-00.00 | 2008 |
| 60-64 Claudia Simpson | 6-00.00 | 2014 |
| 65-69 Evelyn Wright | 6-07.00 | 2003 |
| 70-74 Nancy Berger | 4-09.00 | 2017 |

SHOT PUT — MEN

| | | |
|----------------------|----------|------|
| 50-54 William Gainey | 43-08.00 | 2001 |
| 55-59 William Gainey | 41-01.00 | 2004 |
| 60-64 Edward McComas | 42-04.50 | 1995 |
| 65-69 Adolph Kuegler | 40-05.00 | 2002 |
| 70-74 Adolph Kuegler | 39-08.00 | 2009 |
| 75-79 Adolph Kuegler | 36-02.25 | 2012 |
| 80-84 Ward Jones | 31-09.50 | 2012 |
| 85-89 Bernie Fowler | 25-10.00 | 2009 |
| 90-94 Edward Murphy | 24-03.00 | 2014 |

SHOT PUT — WOMEN

| | | |
|-----------------------------|-----------------|-------------|
| 50-54 Donna Barrett | 31-09.10 | 2010 |
| 55-59 Chris Russell | 31-04.50 | 1998 |
| 60-64 Evelyn Wright | 30-02.50 | 1998 |
| 65-69 Audrey Lary | 28-06.50 | 1999 |
| 70-74 Evelyn Wright | 24-07.50 | 2007 |
| 75-79 Lois Scheminant | 21-09.25 | 2015 |
| 80-84 Diane Perry | 19-05.25 | 2016 |
| 85-89 Veronica Clark | 14-10.75 | 2011 |
| 90-94 Wally Dashiell | 11-11.00 | 2016 |

TRIPLE JUMP — MEN

| | | |
|----------------------|----------|------|
| 50-54 Marcus Battle | 37-05.32 | 2008 |
| 55-59 Michael Graham | 36-07.00 | 2007 |
| 60-64 Tyrone Brown | 31-04.00 | 2006 |
| 65-69 James Stookey | 32-03.50 | 1999 |
| 70-74 James Stookey | 33-03.00 | 2000 |
| 75-79 James Stookey | 30-05.00 | 2005 |
| 80-84 James Stookey | 21-05.25 | 2011 |
| 85-89 Charlie Irwin | 19-06.00 | 2002 |
| 90-94 Charles Wilson | 15-11.00 | 2014 |

TRIPLE JUMP — WOMEN

| | | |
|-------------------------|----------|------|
| 50-54 Angela Sappington | 21-10.00 | 2015 |
| 55-59 Andrea Rea | 18-08.50 | 2006 |
| 60-64 Evelyn Wright | 26-07.00 | 1999 |
| 65-69 Audrey Lary | 27-03.00 | 1999 |
| 70-74 Audrey Lary | 26-07.00 | 2004 |
| 75-79 Audrey Lary | 26-01.00 | 2009 |
| 80-84 Audrey Lary | 17-03.50 | 2014 |
| 85-89 Wally Dashiell | 12-04.50 | 2010 |

WEIGHT THROW — MEN

| | | |
|-----------------------------|-----------------|-------------|
| 50-54 Shawn Robinson | 53-01.75 | 2014 |
| 55-59 Shawn Robinson | 49-05.50 | 2017 |
| 60-64 Jerome Bookin-Weiner | 50-08.53 | 2008 |
| 65-69 James Pearce | 40-08.25 | 2011 |
| 70-74 William Gainey | 46-03.25 | 2017 |
| 75-79 John Sellers | 42-09.75 | 2014 |
| 80-84 Allen Durling | 39-06.00 | 2014 |
| 85-89 Darrell Dempster | 29-02.00 | 2014 |
| 90-94 Vincent Volrath | 26-08.50 | 2011 |

WEIGHT THROW — WOMEN

| | | |
|----------------------|----------|------|
| 50-54 Mary Wilkins | 33-10.00 | 2016 |
| 55-59 Donna Barrett | 33-10.75 | 2013 |
| 60-64 Donna Barrett | 33-04.00 | 2016 |
| 65-69 Evelyn Wright | 33-00.25 | 2006 |
| 70-74 Audrey Lary | 32-04.80 | 2008 |
| 75-79 Audrey Lary | 34-05.50 | 2010 |
| 80-84 Audrey Lary | 23-03.50 | 2014 |
| 85-89 Wally Dashiell | 19-04.75 | 2010 |
| 90-94 Wally Dashiell | 14-10.75 | 2016 |

WALKING

RECREATIONAL WALKING — MEN 1-MILE

| | | |
|----------------------|----------|------|
| 50-54 Eugene Hoffman | 9:56.75 | 2002 |
| 55-59 Richard Burton | 8:20.00 | 1992 |
| 60-64 Robert Paulen | 9:46.23 | 1998 |
| 65-69 Robert Paulen | 9:38.00 | 2006 |
| 70-74 Robert Paulen | 10:27.16 | 2011 |
| 75-79 Edgar Keats | 11:15.00 | 1993 |

| | | |
|--------------------------|----------|------|
| 80-84 Frederick Poland | 11:55.00 | 1993 |
| 85-89 William Schlichtig | 13:53.00 | 1999 |
| 90-94 Aaron Smelkinson | 15:38.00 | 1998 |

RECREATIONAL WALKING — WOMEN 1-MILE

| | | |
|-----------------------------------|----------|------|
| 50-54 Vani Rao | 11:46.22 | 2012 |
| 55-59 Dorothy Carter | 10:18.00 | 1992 |
| 60-64 Helen Schley | 11:04.06 | 1988 |
| 65-69 Wally Dashiell | 11:21.00 | 1992 |
| 70-74 Wally Dashiell | 11:33.00 | 1994 |
| 75-79 Helen Opel | 11:55.00 | 1992 |
| 80-84 Wally Dashiell | 13:09.42 | 2004 |
| 85-89 Wally Dashiell | 14:32.02 | 2008 |
| 90-94 Mary Weinberg | 17:20:00 | 2006 |
| 95-99 Elizabeth Hartje | 25:05.12 | 2003 |
| 100+ Ruth Bennett (100 years old) | 28:36.00 | 1997 |

1,500-METER RACE WALK — MEN

| | | |
|---------------------|----------|------|
| 50-54 David Downin | 7:52.10 | 1998 |
| 55-59 David Downin | 7:54.35 | 2002 |
| 60-64 Elmer Hall | 8:39.00 | 1990 |
| 65-69 Peter Hui | 8:31.00 | 1997 |
| 70-74 Peter Hui | 8:57.49 | 2000 |
| 75-79 Charles Boyle | 9:35.20 | 2001 |
| 80-84 Charles Boyle | 10:03.00 | 2003 |
| 85-89 Charles Boyle | 10:51.80 | 2008 |
| 90-94 Charles Boyle | 13:55.14 | 2014 |

1,500-METER RACE WALK — WOMEN

| | | |
|-------------------------------|----------|------|
| 50-54 Deborah Vandover | 9:23.14 | 2004 |
| 55-59 Nancy Whitney | 8:19.00 | 1994 |
| 60-64 Lois Dicker | 9:04.83 | 2002 |
| 65-69 Lois Dicker | 9:41.11 | 2004 |
| 70-74 Lois Dicker | 9:27.07 | 2010 |
| 75-79 Lois Dicker | 10:27.18 | 2014 |
| 80-84 Mary Bittner | 13:03.12 | 1995 |
| 85-89 Leah Sobel | 19:00.96 | 2008 |
| 90-94 Ruth Bennett | 16:48.00 | 1990 |
| 95+ Ruth Bennett (96 yrs old) | 21:47.00 | 1993 |

THROWING

FOOTBALL THROW — MEN

| | | |
|-----------------------|-----------|------|
| 50-54 Michael Graham | 153-00.00 | 2006 |
| 55-59 Martin Harahush | 146-08.00 | 2002 |
| 60-64 James Kenney | 154-00.00 | 2001 |
| 65-69 Adolph Kuegler | 140-05.00 | 2002 |
| 70-74 James Kenney | 137-06.25 | 2011 |
| 75-79 Robert Beaton | 110-04.00 | 2012 |
| 80-84 Alan Reffkin | 95-05.00 | 2015 |
| 85-89 Edward Murphy | 85-09.00 | 2010 |

| | | |
|---------------------|----------|------|
| 90-94 Edward Murphy | 65-05.00 | 2014 |
|---------------------|----------|------|

FOOTBALL THROW — WOMEN

| | | |
|-----------------------------|-----------------|-------------|
| 50-54 Audrey Mattax | 91-00.00 | 2017 |
| 55-59 Patricia Stephenson | 69-00.00 | 2004 |
| 60-64 Joan Delpi | 82-09.00 | 2000 |
| 65-69 Nancy Callan | 75-08.00 | 2002 |
| 70-74 Nancy Callan | 76-00.00 | 2004 |
| 75-79 Nancy Callan | 67-08.00 | 2009 |
| 80-84 Barbara Martin | 41-08.00 | 2009 |
| 85-89 Wally Dashiell | 18-09.00 | 2010 |
| 90-94 Wally Dashiell | 18-09.00 | 2017 |

SOFTBALL THROW — MEN

| | | |
|----------------------|-----------|------|
| 50-54 Bill Walsh | 255-05.00 | 1996 |
| 55-59 James Kenney | 234-10.00 | 2000 |
| 60-64 James Kenney | 230-00.00 | 2002 |
| 65-69 Martin Schnuit | 223-09.00 | 2010 |
| 70-74 James Kenney | 201-01.25 | 2011 |
| 75-79 Alan Reffkin | 160-01.50 | 2013 |
| 80-84 Alan Reffkin | 152-02.00 | 2015 |
| 85-89 Edward Murphy | 116-02.00 | 2010 |
| 90-94 Edward Murphy | 95-08.00 | 2015 |

SOFTBALL THROW — WOMEN

| | | |
|-----------------------------|-----------------|-------------|
| 50-54 Patricia Stephenson | 160-00.00 | 2000 |
| 55-59 Patricia Stephenson | 156-00.00 | 2004 |
| 60-64 Helen Boyd | 132-07.00 | 1997 |
| 65-69 Nancy Callan | 123-10.00 | 1999 |
| 70-74 Mary Clark | 103-10.00 | 1996 |
| 75-79 Nancy Callan | 96-00.00 | 2009 |
| 80-84 Kate Kwitkoski | 68-09.00 | 2005 |
| 85-89 Wally Dashiell | 51-01.00 | 2009 |
| 90-94 Wally Dashiell | 38-08.00 | 2017 |

FRISBEE THROW — MEN

| | | |
|-------------------------|-----------|------|
| 50-54 Keith Mathis | 195-00.00 | 2006 |
| 55-59 Dan Lewellen | 159-00.00 | 2006 |
| 60-64 Marty Sigel | 129-00.00 | 2006 |
| 65-69 George Izumi | 120-00.00 | 2006 |
| 70-74 Wayne Reisberg | 122-11.00 | 2013 |
| 75-79 Allen Durling | 98-04.00 | 2010 |
| 80-84 Charles Blackburn | 102-00.00 | 2006 |
| 85-89 Edward Murphy | 76-05.50 | 2011 |
| 90-94 Glen Olsen | 77-11.00 | 2004 |

FRISBEE THROW — WOMEN

| | | |
|----------------------------|------------------|-------------|
| 50-54 Audrey Mattax | 114-06.00 | 2017 |
|----------------------------|------------------|-------------|

| | | |
|-----------------------|----------|------|
| 55-59 Peggy Childers | 54-00.00 | 2006 |
| 60-64 Barbara Lowndes | 55-04.00 | 2009 |
| 65-69 Barbara Lowndes | 65-10.00 | 2012 |
| 70-74 Gloria Hong | 67-06.00 | 2013 |
| 75-79 Nancy Callan | 65-07.00 | 2011 |
| 80-84 Joyce Durbin | 40-00.00 | 2005 |
| 85-89 Wally Dashiell | 44-04.00 | 2010 |
| 90-94 Wally Dashiell | 35-01.50 | 2013 |

- **Find an error? Please report it to info@mdseniorolympics.org**